Parent Briefing

24 March 2023



Our Strategic Plan over next 5 years



Our Vision To be the Eastern Suburbs sporting club of choice for players, families and the wider community by providing an environment and culture where people connect, develop and fulfil their potential to play Australian Rules Football. Our values of Respect, Attitude, Mateship and Success means: **Our Values** Respect – we respect ourselves, teammates, volunteers, parents, the opposition, umpires and the game • Attitude – we train like we play and always give 100% Mateship – we look after each other and value teamwork which results in our Success – we improve, love the game, enjoy the experience and create great memories What are our Increase depth of volunteer base and succession for club roles key goals over Plan, develop and obtain funding for implementation of long term the next 5 infrastructure facilities vears Maximise connectivity and value of our member network Ensure the transition from U15 through to seniors in male and

female programs is seamless and engaging

Our Purpose

To provide an inclusive, <u>safe</u> and enjoyable club environment that connects our juniors, seniors and the wider community. Our junior members develop their football capability and love of the game, before transitioning into our senior program where we are always aiming to be competitive and win premierships.

Our Culture

Our club has a strong sense of community, where male and female programs, junior and senior programs coexist and depend on each other. We contribute to the community we live in and work collaboratively with our business and community partners to help them succeed. Our culture exists because of the way we live our Values everyday.

Our Unique Offering

At GFC you will experience:

- Coaching: High quality coaches committed to developing the next generation of Rams
- Community: a strong connection between Seniors and Juniors, between the club and community, the volunteer and sponsor network
- Facilities: State of the art facilities accessible to everyone
- Commitment: to keep improving our culture and the member experience

Strategic Plan continued



What do we need to get right to achieve our goals

1. GFC Community

We have significant connection and involvement by, and with the broader community including members as volunteers and business partners, past players, sponsors, Council, local businesses and schools.

2. Culture and Member Experience

We provide a safe, supportive, fun environment for our members and the community to experience Australian rules football. Male and female programs are equally supported, and junior and senior members connect as a united club.

3. Coaching excellence

Our senior coaches are highly capable and engaged in the development of players, the club environment and themselves. Our junior program provides opportunities for GFC members to contribute to the club where they are supported in coaching development to enable them to provide a great experience to junior players and members.

4. Junior to senior transition

We provide a tailored football development experience for our junior members as they transition to senior football in both male and female programs which leads to great retention of players.

5. Infrastructure and facilities

Our facilities and equipment are of a high standard, that enables coaches to deliver the football program, and creates a club environment that attracts and retains members.

6. Financial sustainability and investment

We are in a financial position that allows us to invest in the infrastructure needed to deliver on this plan. Our business sponsor relationship is built on loyalty and <u>long</u> <u>term</u> support that is scalable.



The new revitalised home for the Glenunga Football Club will be a destination for mens, womens and junior football with the City of Burnside, elevating Glenunga's strong presence and over 60 years of experience as a local leader in sports and community participation. The new dedicated Rams 'Club Home' will build on the club's legacy of sustained growth, recent success, established community relationships and respected reputation through the state.

The Rams 'Club Home' will not only cater for the development of emerging athletes, but also for promotion of healthy active lifestyles in the wider community, in line with the goals of the Club, City of Burnside, and the Office of Recreation Sport and Racing.

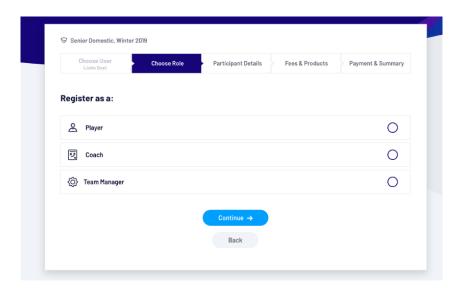
It will provide additional opportunities for **return on investment** to ensure revenue streams to promote the **continued growth** of the club, athlete development and community participation well into the future.

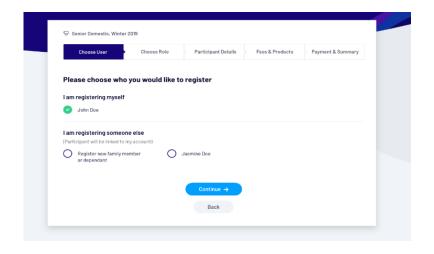




PlayHQ – Website only

- Register as a volunteer if Team Manager, Coach
- Check regularly for fixture/oval locations, times
- For Premiership Grades (U12 and above), scores and goal kickers.





Communication

- Please check your junk mail to receive emails from the club –
 happy for you to reply so that they don't go to junk in future –
 we are working on this to lessen the amount that go to
 SPAM/Junk.
- Some teams use WhatsApp so look out for messages from your Team Manager.
- Very important you follow the club on Facebook and/or Instagram to follow our latest news.
- Please support our Sponsors!!!!





Date (Week Ending)	SANFL Mini's (U7s)	Under 9 - 11 Girls	Under 8 - 11 Boys	Under 13 Girls	Under 12 - 14 Boys	Under 15 - 17.5 Girls	Under 15 - 17.5 Boys	
16/04/2023	Bye Rounds - AFL Magic Round							
23/04/2023		Round 1	Round 1	Round 1	Round 1	Round 1	Round 1	
30/04/2023	Round 1	Round 2	Round 2	Round 2	Round 2	Round 2	Round 2	
7/05/2023	Round 2	Round 3	Round 3	Round 3	Round 3	Round 3	Round 3	
14/05/2023	Round 3	Round 4	Round 4	Round 4	Round 4	Round 4	Round 4	
21/05/2023	Round 4	Round 5	Round 5	Round 5	Round 5	Round 5	Round 5	
28/05/2023	Round 5	Round 6	Round 6	Round 6	Round 6	Round 6	Round 6	
4/06/2023	Round 6	Round 7	Round 7	Round 7	Round 7	Round 7	Round 7	
11/06/2023	Bye Rounds - June Long Weekend							
18/06/2023	Round 7	Round 8	Round 8	Round 8	Round 8	Round 8	Round 8	
25/06/2023	Round 8	Round 9	Round 9	Round 9	Round 9	Round 9	Round 9	
2/07/2023	Round 9	Round 10	Round 10	Round 10	Round 10	Round 10	Round 10	
9/07/2023	Round 10	Round 11	Round 11	Round 11	Round 11	Round 11	Round 11	
16/07/2023	Bye Rounds - School Holidays							
23/07/2023	Round 11	Round 12	Round 12	Round 12	Round 12	Round 12	Round 12	
30/07/2023	Round 12	Round 13	Round 13	Round 13	Round 13	Round 13	Round 13	
6/08/2023		Round 14	Round 14	Round 14	Round 14	Round 14	Round 14	
13/08/2023				Semi Final	Semi Final	Elim/Qual Final	Elim/Qual Final	
20/08/2023				Preliminary Final	Preliminary Final	Semi Final	Semi Final	
27/08/2023				Grand Final	Grand Final	Preliminary Final	Preliminary Final	
3/09/2023						Grand Final	Grand Final	
To Be Advised	SANFL Grand Final							
	AFL Grand Final							

Working with Children Check All Coaches and Team Managers are required to do this.



- The Club has a Child Safety Officer (Graham Jaeschke

 happy if someone with these skills would like to
 volunteer to take this on)
- The Club has a Member Protection Policy
- The key is child safety and that our children feel safe when they are at the club.
- Make sure you pass your child to the coach when training commences but you need to be there to then take responsibility once training is complete.
- Please let Coach/Team Manager know if you are running late – we do not want Coaches left alone with children and they can then plan for another adult to stay with them until all children are picked up.

Margaret Bond Oval (Conyngham Street, Glenunga)

Friday

4.00pm-5.00pm Auskick (will start in April/May TBC)

5.00pm-6.00pm U7 Boys and U9 Girls

6.00pm-7.00pm U9 Boys and U10 Boys

TRAINING SCHEDULE 2023
Do not enter the oval until
your training commences
and straight off at the end
please.

Webb Oval (Conyngham St, Glenunga)

Monday

4.45pm – 6.15pm U15 Girls

6.15pm-7.30pm U17.5 Girls

Tuesday

5.00pm-6.15pm U13 Boys and U13 Girls

6.15pm-7.30pm Senior Mens

Wednesday

5.00pm-6.15pm U14 Boys and U15 Boys

6.15pm-7.30pm U17.5 Girls

Thursday

4.00pm-5.45pm U15 Girls

4.45pm-6.15pm U16 Boys

6.15pm-7.30pm Senior Mens

Friday

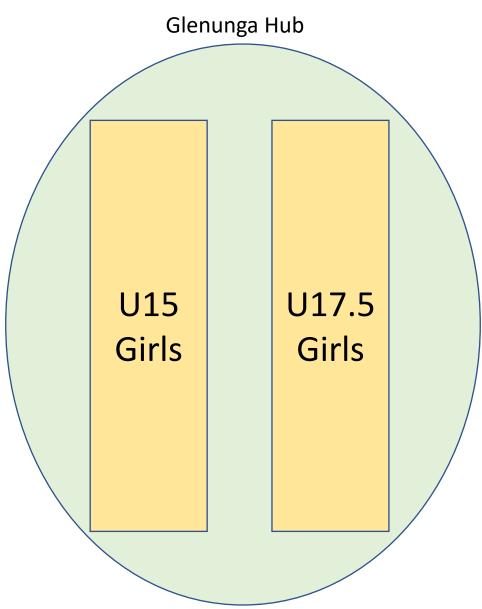
5.15pm-6.15pm U8 Boys and U11 Girls

6.15pm-7.15pm U11 Boys and U12 Boys



TRAINING AREAS — WEBB OVAL

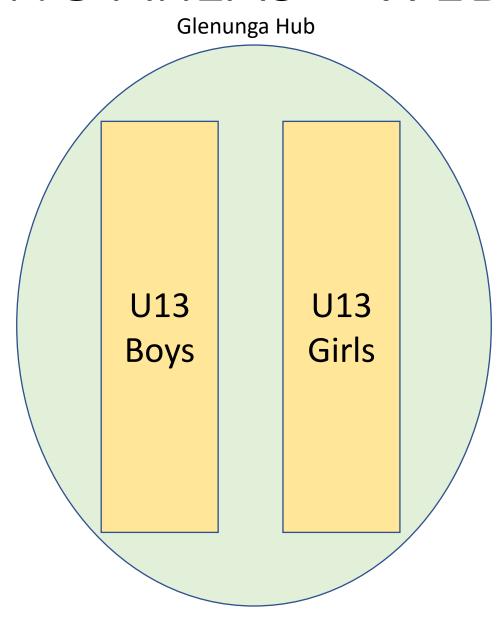
Monday Night



TRAINING AREAS - WEBB OVAL

Tuesday Nights

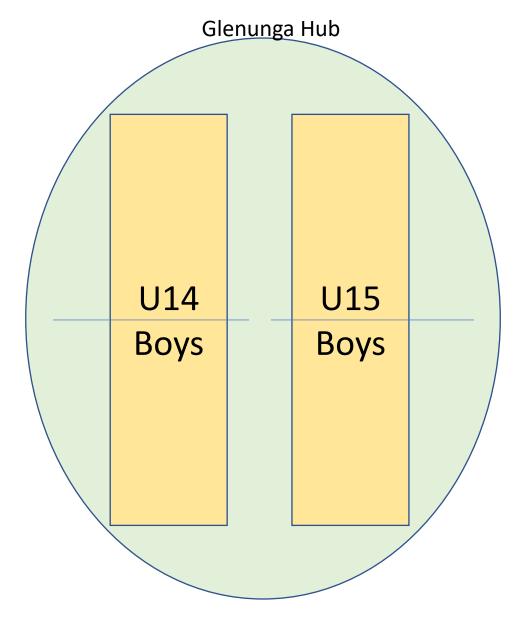
5pm-6.15pm



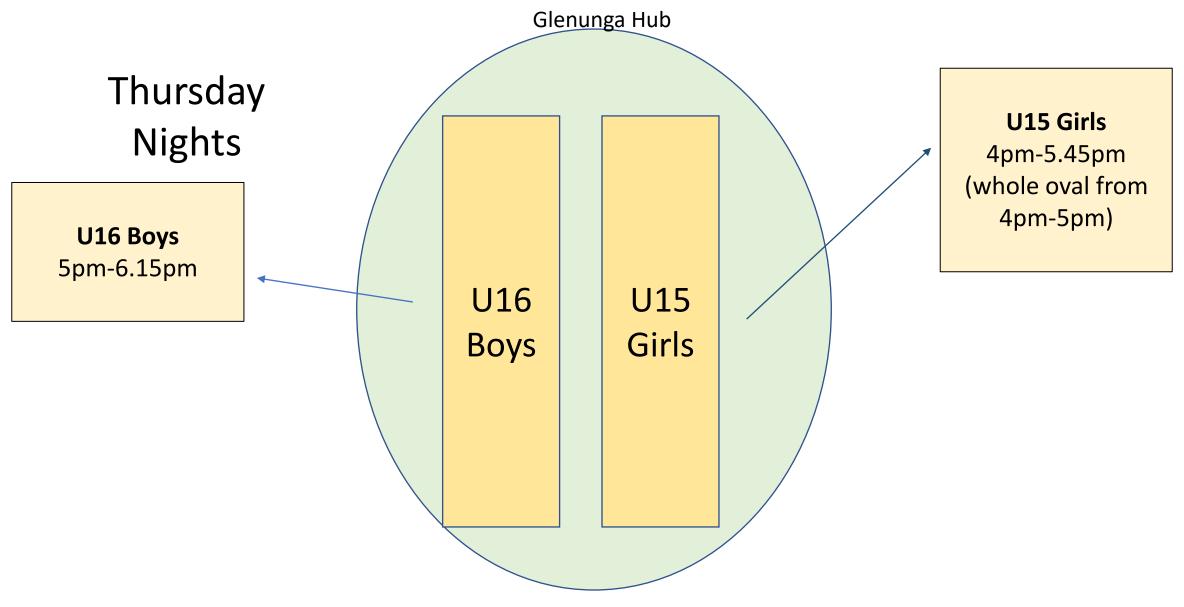
TRAINING AREAS — WEBB OVAL

Wednesday Nights

5pm-6.15pm



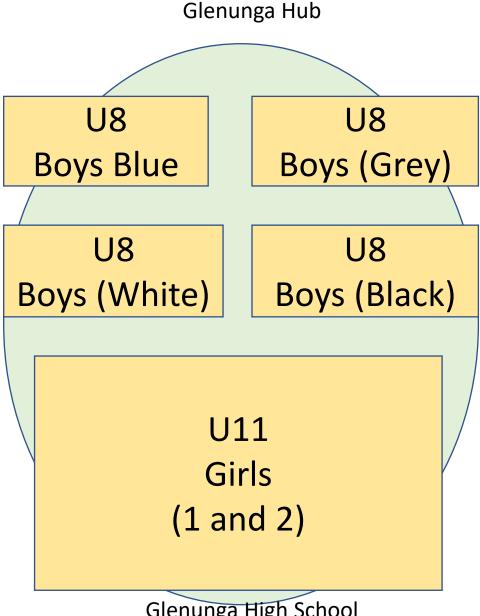
TRAINING AREAS - WEBB OVAL



TRAINING AREAS — WEBB OVAL

Friday Night

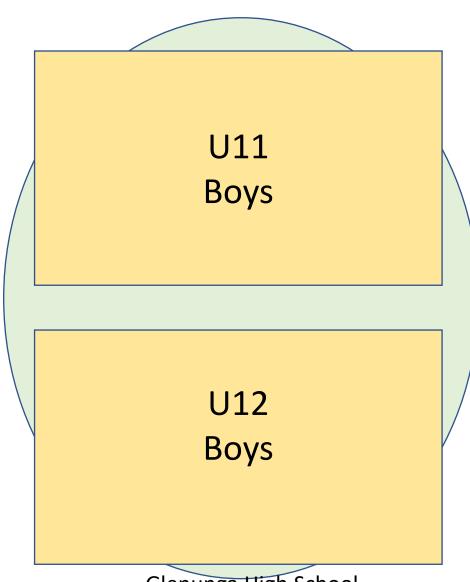
5.15-6.15 pm



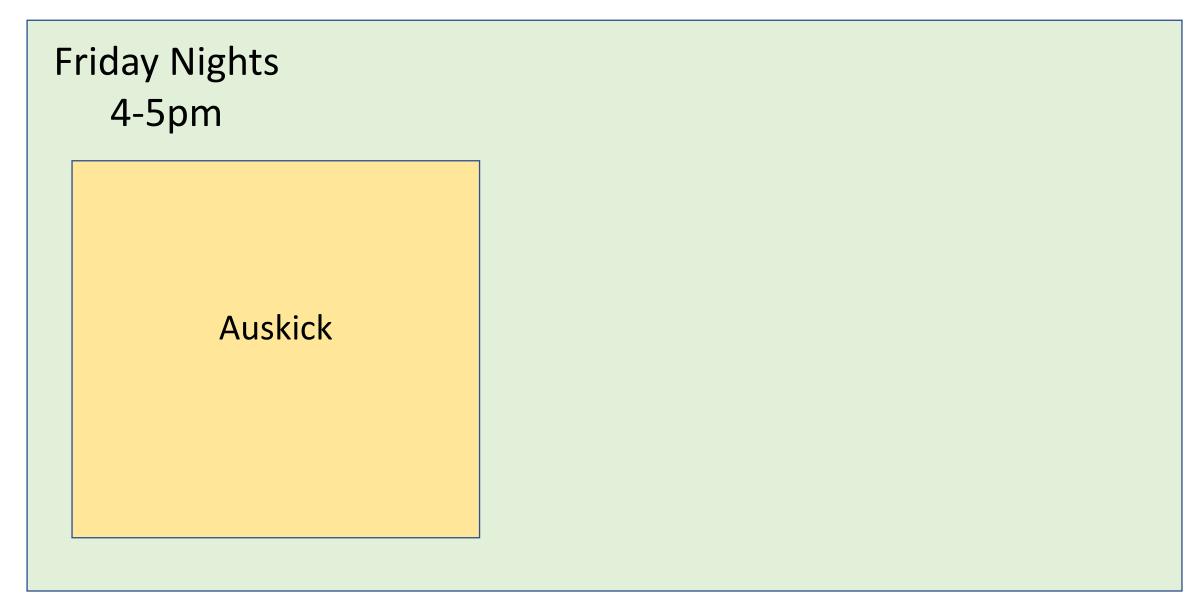
TRAINING AREAS – WEBB OVAL

Glenunga Hub

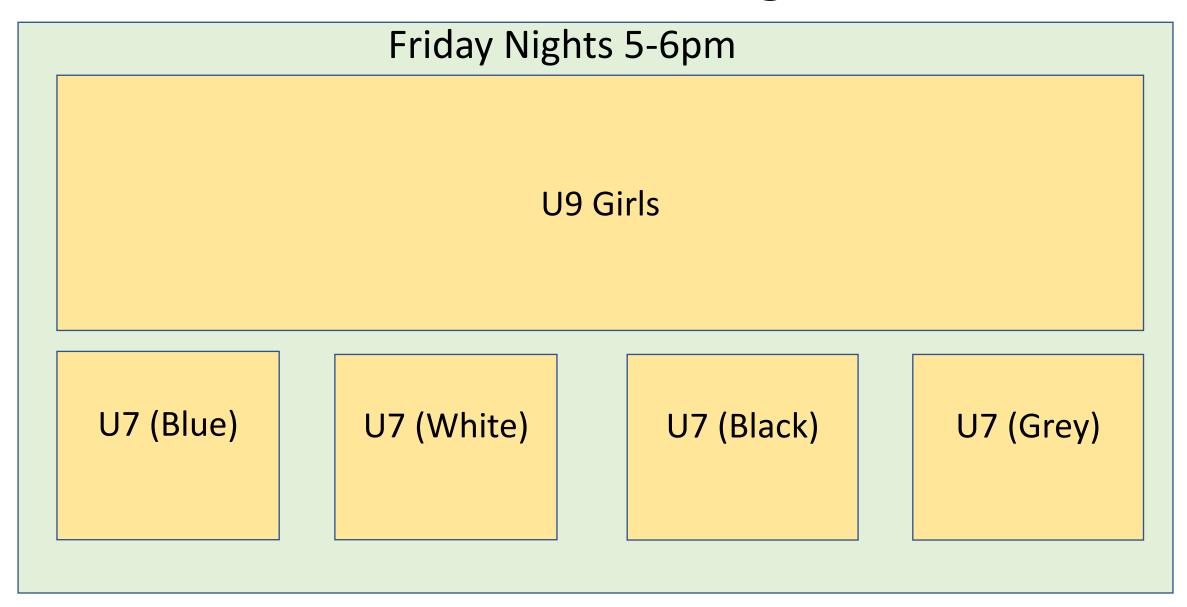
Friday Nights 6.15-7.15pm



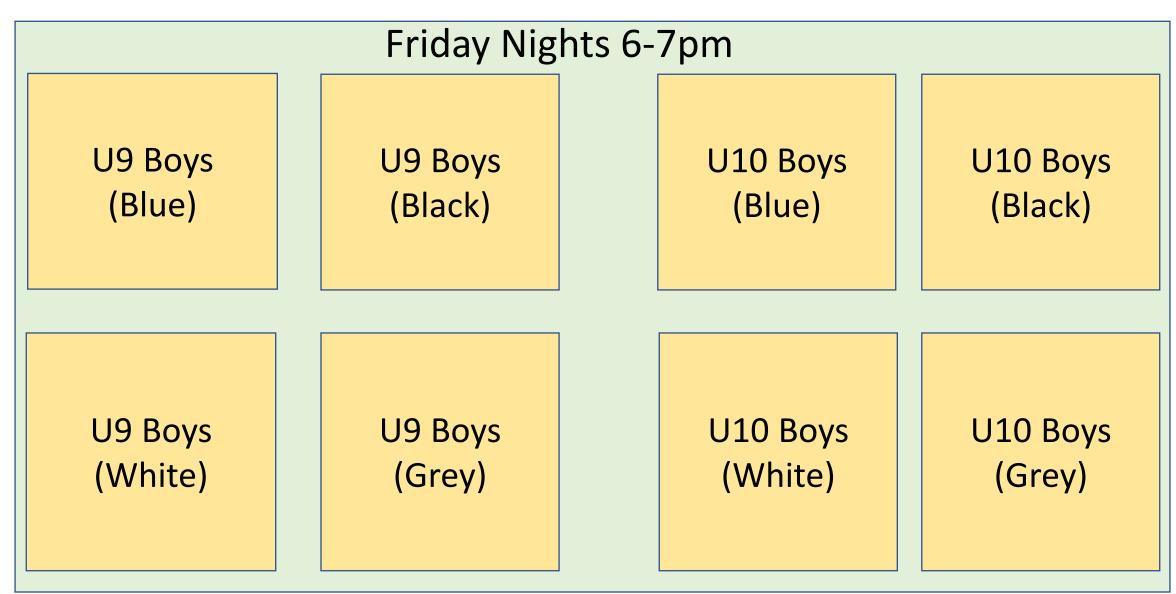
TRAINING AREAS – Margaret Bond



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Grading and Support U12 and above – important role for parents to manage expectations.

1

Coach Coordinator/Junior Director can supply support for grading. 2

Use trainings for scratch/competitive and internals

3

Clear communication about the process essential

4

Brad James the contact to organize support for your grading.

Covid Discussion



The Glenunga Football
Club wants to continue to
promote a safe
environment for our
members. In regards to
Covid and close contacts,
each individual should
make their own
assessment based on SA
Health guidelines and
their particular
circumstances (for more
info go SA Health)



Remember - Monitor for symptoms, stay home if unwell or if you or a member of your household is subject to isolation or awaiting COVID-19 test results.



Most squads will be at their maximum with rostering off a prospect so very important we don't play anyone injured or unwell.

Code of Conduct – Junior Players A One Page Code of Conduct is available for each player to sign at the beginning of the year.



PLAYERS - CODE OF CONDUCT

- Play for your own enjoyment and benefit and not just to please parents/caregivers and coaches.
- · Play by the Rules
- Respect the umpire's decision. Without them there would not be a competition.
- Never argue with an official. If you have a problem, talk to your Coach or Team Manager.
 Co-operate with your coach, <u>team mates</u> and opponents. Without them there would be no competition.
- Be a good sport. Applaud all good plays whether they are by your team or the opposition.
 Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural <u>background</u> or religion.
- Control your temper. Verbal abuse of officials, sledging other players or deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Treat all players as you would like to be treated. Do not interfere with, <u>bully</u> or take unfair advantage of another player.



PLAYERS SIGNATURES

RAMS - RESPECT, ATTITUDE, MATESHIP LEADS TO SUCCESS

Rotations and Game Time – Rams Way

- In the grades from U7 (boys and girls), U8 to U10 boys and U9 and U11 girls, it is expected that Coaches will rotate players through each part of the ground or zone throughout the game so they get to experience each zone for a minimum of a quarter each game.
- In the grades from U11 boys / U13 girls through to U17.5 boys and girls inclusive, it is expected that Coaches will rotate players through a minimum of two positions per game, and provide all players with the opportunity to play in a range of positions over the season. year.
- We expect all players in our junior program, from U7 to U17.5 boys and girls inclusive, to play a minimum of 3 quarters of football per game.
- Coaches are expected to maintain and accurate record of rotations over the course of the year.
- Note: TIME SPENT OFF THE GROUND NEEDS TO BE SHARED OVER THE WHOLE SQUAD IT CANNOT BE THE SAME PLAYERS SPENDING TIME ON THE BENCH EACH WEEK



SELECTION — ROSTERING OFF



- Selection policy for teams with more players in a squad than can play each week
 - In some age groups we will have more players in the squad than can play each week. This is because over the course of the year every team is hit with sickness, injury, players unavailable due to holidays or development squad obligations.
 - The expectation is that over the course of the season, every player has the opportunity to play the same number of games as every other player in the team. There is to be no favouritism within teams.
 - In some teams there will be a need to roster players off week to week. All players are required to be rostered off prior to any player being rostered off more than once.
 - In order to best manage and minimise players being rostered off we ask that parents notify their Team Manager as early as possible to advise if their child is unavailable.
 - Coaches and Team Managers are expected to manage and maintain accurate records of the number of games that the players play throughout the year to meet the requirements of this policy.

First Aid - Concussion



- a. A Medical Sub-Committee has been formed with Tim Bass, Peter George and Greg Rosenbauer meeting with the Child Safety Officer to look at injuries, injury prevention and first aid procedures and replenishment of First Aid kits.
- b. Club now recommends a regular First Aid Officer be appointed for each team so Club can regularly provide information and training as appropriate.
- c. Coaches/Team Managers need to report significant injuries to the Child Safety Officer who is keeping a register each year.
- d. SANFL Juniors concussion Policy is very clear IF IN DOUBT SIT THEM OUT no child to resume playing or Training until Club receives a letter from a GP passing that child to play also, any player with a significant head knock to be accessed by First Aid Officer or trained medical person and Coach must adhere to their advice about resuming playing or not. If any doubt, they must be kept on the sidelines.

Our grounds in 2022



Webb Oval – BBQ every Sunday with home teams rostered to help.

Margaret Bond – keep out of soccer goals – might get more hours on the second Sundays as no womens soccer

Morialta – no changerooms but toilets, scoreboard and marquees

Norwood – changerooms and toilets, scoreboard and marquees

Pembroke Park 17 – 2 ovals – larger oval and the smaller one east

Park 17



Morialta Secondary



Set Up and Pack Up for Webb/Margaret Bond

Please assist your team to set up or pack up if you are the first at the venue. Exclusion zone around interchange. Comply with directions from Ground Marshall. Assist on BBQ when asked.

WEBB OVAL

Location: 70 Conyngham Street, Glenunga



Ovals: Webb Oval

Storage: Storage in lock up

- First team scheduled for match on Sunday morning to set up interchange benches and shelters (if Senior home game, will already be up). RAMS <Enter>. Use black key on lanyard to get scoreboard out of cricket rolladoor next to footy one.
- First team to set up scoreboard by tying and securing it to the light pole near playground (MUST BE SET UP OVER HERE AND TIED TO LIGHT POLE)
- Siren for games to be set up on table in lock up area. FIRST GAME to start the game, DO NOT SOUND MAIN SIREN, use small hand held siren only. After 9 am use Main siren in the lock up.
- Last team scheduled for matches on Sunday morning to pack up everything including scoreboard, coaches benches etc. All tables and chairs and rug to be rolled up in the Clubrooms after the game. Walk around the Hub, check and lock ALL doors/roller doors to changerooms and clubrooms.
- Last team to turn off oval lights (key hanging up in lock up, lights in grey box near carpark (lights in lock up turn off automatically). If last match at the Hub on Sunday, press <ENTER> on key pad of lock up to shut rolladoor.

50 Games and 100 Games



RAMS 50 GAMES

RAMS 100 GAMES

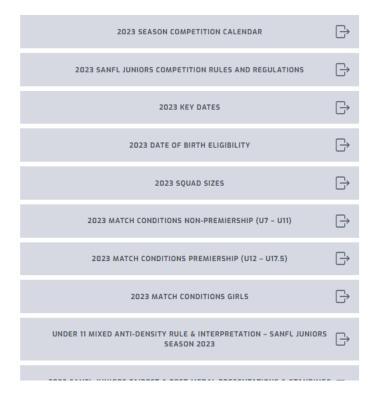
Teams and Divisions

Draft has been released and we have submitted a couple of re-grading requests. Usually for boys in Premiership grades we will have a Div 1 side and then a Div 3-5 side where we are playing against clubs also with 2 teams. SANFL look at regrading in round 4 if results unfair to the kids.

2023 NATIONAL PHARMACIES SANFL JUNIORS SEASON INFORMATION

For each new SANFL Juniors season, competition dates, rules and regulations, and other documents are required to be updated. Therefore, please find all relevant information below for the 2023 National Pharmacies SANFL Juniors season.

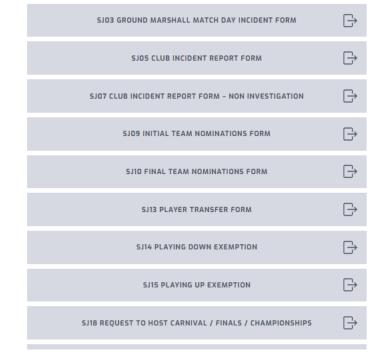
Please note the "Key Dates" document that lists important meetings and dates throughout the year. For any delegate meetings, it is essential that at least one (1) representative from the club is in attendance.



CLUB ADMINISTRATION

Prior to and/or during each SANFL Juniors season, clubs are expected to submit specific forms to SANFL Juniors for different requirements (e.g. team nominations, player transfers etc). Once the form has been filled in entirely, it must be emailed to sanfljuniors@sanfl.com.au. NOTE: Only forms that are signed and submitted from a club committee member will be accepted.

PlayHQ is the online platform that is used for registrations, transfers and competition fixtures and results. If any new and/or current committee member wants to learn how to use the system or has certain issues that needs resolving, please use the PlayHQ Support (link below) as it has comprehensive information, resources and video tutorials to help!



MATCH DAY INFORMATION

Any information that is relevant to weekly SANFL Juniors Match Days can be found below. The Match Day Guide and Match Day Processes are important documents for all Team Managers and Ground Marshals to have a copy of and should be provided to them via email prior to the season commencing.

SANFL CLUBS HUB

2023 MATCH DAY PROCESSES	\Rightarrow
2023 TEAM MANAGERS CHECK LIST	\Rightarrow
2023 TEAM MANAGERS PLAYHQ GUIDE	\Rightarrow
SANFL JUNIORS CLUB GUERNSEYS	\Rightarrow
SANFL JUNIORS CLUB GUERNSEYS CLASH LIST	\Rightarrow
SANFL JUNIORS FUNCTION CARDS - NON PREMIERSHIP GRADES	\Rightarrow
SANFL JUNIORS FUNCTION CARDS - PREMIERSHIP GRADES	\Rightarrow

Expectations of volunteers

Team Manager to roster volunteers weekly with all parents expected to share the load.

- Ground Marshall
- Goal Umpires
- Boundary Umpires (U12 and above)
- Runner (U11 and above)
- Coach and Assistant Coaches a minimum of 2 parents to assist coach at trainings
- First Aid Officer
- Team Manager
- Nominate a captain each week for snakes and oranges
- Parents may also be asked to give votes for B&F (optional for younger grades)
- If unable to assist on the day but have been rostered your responsibility to swap with someone
- BBQ duties for Webb Oval home days



One Club – Seniors and Junior

- Seniors fielding A,B and C teams Division 1
- All senior players are allocated a junior team to attend 1 or 2 trainings to show senior support to the junior players
- Junior teams invited to attend senior games and do warm up and honour guard before the game
- Events supported by junior parents and senior players and partners
- Senior Football Coordinator is Chris Aston







GROUND MARSHALL EUNCTION

- Ensure all equipment (including a stretcher) for conducting the game is available before the match
- Ensure the interchange area and ground is setup through the movement and placement of goal posts and padding.
- Check with Team Manager that Time Keeper, Runners, Goal and Boundary Umpires and Coaches are aware of or have their Function Cards.
- Receive any formally submitted objections, protests or complaints from officials of clubs
- Ensure that both teams are aware where the interchange area is.
- Seek to ensure Coaches, Team Managers, Boundary Umpires, Goal Umpires, Runners, Trainers and Medical/First Aid personnel wear their identification bib or appropriate uniform.
- Before the commencement of the match, identify compliance with the Sports Trainers Policy.



GROUND MARSHALL Be aware of

- In the event of a possible serious injury (e.g. neck), dissuade any football official from moving the injured player and to wait for an ambulance.
- In the event of dangerous weather (e.g. lightning or hail) or other life threatening events, terminate the game.
- Keep a check on the behaviour of all officials and spectators and to issue warnings for any misconduct or behaviour that is contrary to the spirit of the game.
- Provide an electronic report to SANFL Juniors of any substantiated misconduct by spectators or club officials within twenty-four (24) hours of the game completion.
- In the event of a postponed game, inform the SANFL Juniors in writing of the specific reasons for abandonment of any games.

Learning Life Through Sport

OUR PROGRAM INCLUDES

SPORTSMANSHIP

RESPECT

TRY YOUR HARDEST

Exhibiting good sportsmanship on and off the field regardless of the situation. Respecting ourselves, our club, umpires and our opponents.

Rewarding effort not outcomes.

COMPASSION

EDUCATION

Having empathy for all involved in our sport and caring about them.

Being open to a new paradigm of Learning Life through Sport through education.

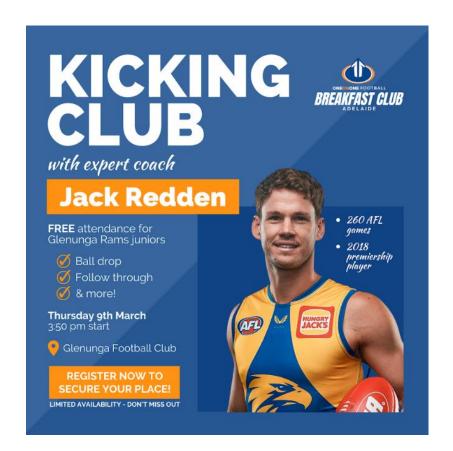
Learning Life Through Sport

Learning Life through Sport identifies positive ways to alter the inherited and often unacceptable behaviour of coaches, players, parents and supporters in junior sports. These behaviours include umpire dissent and abuse (bullying), bad sportsmanship and a lack of respect for sporting codes and participants of sport.

The standard you walk past is the standard you accept and the time for change is now. In our society where youth suicide is the biggest killer of young people in Australia, we have the perfect opportunity to help develop resilience and positive life skills through sport. Learning Life through Sport has been developed by Rod Campbell, a firefighter and sports coach of over 30 years' experience, who has developed programs in Road Safety, Culture and AFL Football, based on behaviour and attitude changes.

Learning Life through Sport, when adopted as a whole competition approach, will show that rapid, impactful behavioural and cultural change is possible. Rod will show case-studies where he has been involved in programs that have achieved this change, where lives have potentially been saved.

Learning Life through Sport is based on a powerful presentation designed to inspire and empower participants and sporting bodies to embrace change and create emotionally and psychologically safe environments in sport. The new paradigm of learning life through sport is based on key values, supported by behaviours, creating the change we need to see. These values become non negotiables embraced by the governing sport bodies and reinforced consistently by team coaches and clubs involved in sport.





ONEONONEFOOTBALL

RAMPAGE CLUB

- The request to become a member of the Glenunga Rampage club is \$250: https://www.sponsors.glenungafc.com.au/
- As a Glenunga Rampage club, you will receive:
 - Recognition on the club website
 - · The weekly newsletter
 - Club Cap
 - Complimentary drink at every home game (seniors)
 - Special discounts from club sponsors
 - Exclusive invitations to Glenunga Rampage events
- There are also many other ways to support our club via Platinum, Gold, and Silver packages, or simply a donation to keep the GFC as one of SA's most successful boys and girls and men's and women's football clubs.
- To find out more please go to: https://www.sponsors.glenungafc.com.au/ or call Ben Atkins on 0488665095 or email batkins@asfaudits.com.au/







Adelaide FC Offer

Events

- Ladies Day 13th of May
- Quiz Night
- Business Network Lunch
- Past Players and Sponsors
- All senior home games.



Key Contacts

- President Ben Stapleton president@glenungarams.com.au 0416 211 184
- Junior Director juniordirector@glenungarams.com 0407 988 882
- Girls Coordinator Piete De Wit girlsjuniormgr@glenungarams.com 0424 134 246
- Coach Coordinator Brad James 0421 302 400







Under 7 Boys – Heidi Bunce – 0411 815 233

U8 Boys – Pete Vickery – 0438 848 219

U9 Boys – Barry Brunton – 0426 567 771

U10 Boys – Jac Rodriques – 0423 001 283

U11 Boys – Scott Jones – 0403 439 193

- U12 Boys Todd Roper 0428 203 191
- U13 Boys Ben Stapleton 0416 211 184
- U14 Boys Nik Jacube 0415 674 636
- U15 Boys Graham Jaeschke 0407 988 882
- U16 Boys Mark Branson 0477 775 883
- Girls teams Piete De Wit 0424 134 246

<u>Reminder</u>

Invoices will be sent soon to pay rego fees. Please check you inbox/junk or spam folders.

QUESTIONS?

